Household

SOCIETY

Personal

MISS ANNE KEITH ROYALL

Weekly Dance to Be Held at Country Club of Virginia This Evening, Following Dinner.

Miss Anne Keith Royali is leaving town to-day for Danville, where she will visit friends for some time. Miss Royali is going to Danville to attend the wedding of Miss Grace Jones next week, at which ceremony she will act as maid of honor for the bride. Miss Jones here several times with the common to the common to the bride. Jones has soveral times visited Miss Royall in Richmond, and has a great many friends in this city.

Leaving for Lynchburg.

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Miss Blizabeth Clenmer, of Middle-brook, who has been visiting her aunt, Mrs. John D. Clothier, here, will leave in a few days for a visit to friends in Lynchburg, where a number of interesting functions have been manned in her honor. Miss Clenmer will later go to Lexington, where she expects to attend the Christmas dances given by the cadets at the Virginia Military Institute. Miss Clemmer made her debut in Richmond two seasons ago, and some charming affairs were incident to her coming out. Interesting Affairs.

There will be the usual weekly dance at the Country Club of Virginia this evening following dinner. Numerous tables have been engaged for this afternoon as well as for dinner in the evening, and several hun-dred members of the club with their guests will be in attendance at the dance there to-night.

The dansants at the Richmond Hotel

Granville R. Swift, who has been in Richmond for a short stay, returned to Fredericksburg on Thursday.

VISITING IN DANVILLE | Renounces Kaiser and Russianizes Her Name



Mr. and Mrs. Arthur Trevett, of Richmond, have been recent guests of friends at Glen Allen.

Mrs. O. E. Short has returned to Lawrenceville, after an extended visit to her daughter, Mrs. P. I. Creath, in this city.

Miss Camilla Rodman has left for Norfolk, after spending some time with Mrs. Archibaid Pleasants Cone, hero.
Rev. W. W. Stanley, of Suffolk, is spending several days with friends in this city.

Mrs. James Martin, who has been visiting in Richmond, has returned to her home in Chatham.

T. H. Jones, of this city, is stopping at the Monticello Hotel in Norfolk for a brief stay.

Mr. and Mrs. Charles E. Potts attended the Gray-Saunders wedding in Glen Allen this week.

Granville R, Swift, who has been in Richmond for a short stay, returned to Fredericksburg on Thursday.

Mr. All: All that is necessary for

Richmond for a short stay, returned to Fredericksburg on Thursday.

Miss Gills, of this city, has returned to her home, after visiting Mrs. R. C. Herry, in Roapoke, for a week.

Mrs. D. L. Tratlor, who has been at St. Luke's Hospital here for treatment, has returned to her home in Farmville, much improved.

T. A. L.: All that is necessary for the proper control of the voice is to cultivate a habit of thinking just the small fraction of a second before uttering a word or giving expression to a thought. Think just how the voice should be used, so as to perfectly suit the subject and the occasion.

T. R. Marsh, who has been spending several days as the guest of friends in Harrisonburg, has returned to Richmond.

WOMEN'S SIEETINGS.

The Chesterfield Juniors, U. D. C., will have their December meeting this afternoon at 3 o'clock in the home of the president, Miss Mildred Snellings,

have to pay the penalty later in years of ill health. If more attention were paid to the needs of the schoolgir! the number of neurotic, semi-invalid women in the world would be reduced by one-

N. N.: By all means drink water during the day. One should drink about two quarts of water a day, but between meals. Water should never be taken with meals. Water is as necessary to keep the system and complexion in good condition as food. Take a cup of hot water every morning before breakfast, and several glasses of water between meals and one before retiring.

Dr Brady's Health Talk

The Itching to Become a Nurse.

About every second woman, at one point in her career, is selzed with the itching to become a nurse. This allment develops most severely in girls of the romantic age of twenty. In about 999 cases out of 1,000 the allment runs its course in a few weeks and the girl decides to get married and live happily ever afterward.

inent develops most severely in girls of the romantic age of twenty. In about 999 cases out of 1,000 the aliment runs its course in a few weeks and the girl decides to get married and live happily ever afterward.

The Call to Service.

Another form of the disease attacks young women who have devoted some years to other work and grown weary of long hours, poor pay and lack of opportunity for promotion. A fair share of these cases prove chronic, and most of them refuss to be cured until they try a few months of probationary work in the hospital. There they discover that long hours, poor pay and slow promotion are much in evidence still, but if they have the stamina and courage to stick it out till they "get a cap" and become regular pupil nurses, the duties which at first seem so ifksome and so mean become in time mechanical and routine, and then there is plenty of hard work to keep the pupil from wishing she had become a stenographer or something easy.

The Latent Yearning.

Still another form of the disease at the develope surprise for the family to have you bake it? And then too, you will have the satisfaction. I daying complied with all the pure-food requirements, and could almost afford to have your "name on every plees," for it will be practically proof against holiday indigestion.

WHY SOME PASTRY

And, by the way, I just want to say a word on the subject of cake, you will be familiar with the real real season. "why," and not put the child of with the very insufficient one given by many mothers, "Boccause mama says on." That is no answer for an intelligent child, and all normal children are intelligent until average mothers make them average.

Pastry is mostly four and fat, and is hard to digest, because the fat wraps itself about the starch grains in the flour like a little goal and all the portections of the way you will have the satisfaction.

WHY SOME PASTRY

And, by the way, I just want to say a word on the subject of cake, and may not have another plece of cake, you will be familiar with the real rea

is primarily intended to make young people happy.

We're experts in baking Fruit Cakes; have been for fifty years.

2, 3, 4, 5 and 6-lb. sizes. 30c and 85c lb.

BROMM BAKING CO.

516 E. Marshall Street .. 501 West Broad Street.

later, when dear Aunt Sally could no longer give more than good wishes, we all bought our cakes, and it helped eke out her little income. Now I doubt if any of us could bake a really good one, and there is so much sentiment attached to the Christmas plum pudding or fruit cake that we feel as if "mother" or some dear one should bake it for us."

"mother" or some dear one should bake it for us."

Now I know the woman who expressed herself just in that way last week, and her name is Legion. For her, in Blchmond, I have a message of cheer, for in these transitional days, when the old-school cooks are giving place to the domestic-science graduates, some of us feel just a little as if we did not belong in either school. Yesterday Miss Mary Lancaster Smith, the young domestic science teacher of the Young Woman's Christian Association, announced that on Tuesday and Wednesday of next week—that is, let me see, December 15 and 16, isn't it?—she will devote both classes, from 11 to 1 o'clock, to teaching outside women to bake fruit cakes. You must apply to Miss Smith on Monday, and she will tell you about materials and all that is necessary for you go right to the Young Women's Christian Association administration building, on Fifth Street above Main, and bake your cake under her direction.

Won't it be a lovely surprise for the family to have you bake it? And then, to, you will have the satisfaction.

Phoenix Silk Hose The world's best wearing silk

hose at 50c and 75c. All beautifully boxed.

J.B. Mosby & Co.

Thousands of pieces of Wo-

men's Neckwear for Xmas.

of baking powder, two squares of chocolate. Beat the butter and one cup of sugar to a cream, add eggs, well beaten, half of the milk and the vanilla. Add other ingredients. Put the remainder of the sugar and the milk and chocolate together and cook until chocolate is melted. Add to the main batter, heat all thoroughly and bake three-fourths of an hour.

TWO DAYS MENUS FOR THE
FIRST OF THE WEEK
Monday.
BREAKFAST
Sliced Bananas
Botted Rice with Cream
Poached Eggs Toast Coffee
LUNCHEON
Creamed Codfish
Stewed Tomatoes
Cream Cheese Toasted Crackers

Cream Cheese Tonsted Crackers
DINNEIt
Brown Potato Soup
Breaded Smelts Mashed Potatoes
Peas Spinuch
Lemon Meringue Pic Coffee

BREAKFAST
Inted Bananas
Fried Bacon Stewed Potatoes
Sally Lunn
Cafe au Lait
LUNCHEON

ried Bacon

Cafe au Lait
LUNCHEON
Chicken Salad
Potato Chips
Stewed Apples
Tea or Chocolate
DINNER
Vegetable Soup
Oyster Pic
Baked Potatoes
Mayonnaise

NEWS OF ASHLAND

[Special to The Times-Dispatch.]
ABHLAND, VA., December 11.—Dr.
Douglas Freeman, of Ilichmond, made
a splendid talk before the members of
the Young Woman's Literary Club and

WHY SOME PASTRY

IS INDIGESTIBLE

And, by the way, I just want to say a word on the subject of cakes and pastry, so when you tell Johnny he may not have another pleee of cake, you will be familiar with the real real real, son, "why," and not put the child off with the very insufficient one given by many mothers, "Because mama says so." That is no answer for an intelligent child, and all normal children the lidingent child, and all normal children make them average.

Pastry is mostly flour and fat, and is made to digest, because the fat wraps itself about the starch grains in the flour like a little coat, and neither water nor digestive jnices can get into contact with the starch. Starch, you know, must be changed into sugar before it is of any use to the body, and unless the juice of the stomach and mouth have a chance to act upon it, the necessary change does not take the body, but does not build tissues. When we say "starch," it must be remembered that flour is not wholly starch. Wheat flour is about 75 per sent starch; the other food principles are contained in the remaining 25 per the storic first and all the property of the storic first and and little mand and little mand and little miss and a little miss and an elither was not wholly starch. Wheat flour is not wholly starch. Wheat flour is about 75 per cent starch; the other food principles are contained in the remaining 25 per the sequence of starch digestion is



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quality products of Claude H. Evans & Co., of Millau, France, is known in every great city of the world as a guarantee of supreme satisfaction. We offer the "Checo" first quality Lamb Glove, in all colors, with self-embroidery backs-also Pigale-the new shade of yellow-with black embroidery backs. Black and white, with contrasting embroidery backs. Special

Two-clasp Real Kid Glove, with wide contrasting embroidery backs and kid welt at wrist. Special at

A Fancy One-clasp P. K. Glove of real kid, with three-row heavy embroidery back of contrasting colors, finished at the wrist with kid welt-in Pigaleembroidered self and black-white embroidered self.

A very exceptional value in a 16-button first quality "Checo" Lamb Glove, manufactured in Millau by C. H. C. Co. Full cut arm and Cleo. button, in white

Misses' two-clasp Real Kid Glove, made in Milan, Italy, in white and tan-sizes from 5 to 6%; special,





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